# PERSONAL CAMP GEAR CHECKLIST

## Basic gear for a 2 day overnight camp (not hike)

**Note:** This is only for personal equipment and does not include food or cooking or camping gear. We organize these with your Patrol or Troop prior to the camp. As this is a general camp gear list, please use some common sense when using it e.g. in the middle of winter in the Blue Mountains you probably won't need swimmers. Please clearly label all gear with your scout's name to help with lost property.

No phones or electronics. Leaders take no responsibility for these under any circumstances.

#### CLOTHES

Note: this list includes clothing worn to camp by Scouts, so take the t-shirt you're wearing, plus another one, plus a spare (total of 3)).

- 2 x t-shirts (+1 spare)—preferably with a collar (eg polo shirt).
- 2 x pairs shorts.
- 1 x pair track pants.
- 2 x pairs underwear (+1 spare).
- 2 x pairs socks (+1 spare).
- 1 x brimmed hat and/or beanie.
- 1 x woolen jumper or "polar fleece" (NOT cotton windcheaters. Need something that will stay warm if wet).
- 1 x waterproof jacket (e.g. Spray jacket).
- Pref. 2 pairs of shoes 1 pair sneaker type, 1 pair more sturdy walking boot type (thongs or open-toed sandals are <u>not</u> acceptable on camps).
- Swimmers, rash vest and water shoes.

#### SLEEPING

- Sleeping bag.
- Sleeping mat (e.g. closed-cell foam, air mattress).
- Small pillow optional—alternatively, use a rolled up jumper.

#### HYGIENE

- Deodorant, soap, a small towel, toothbrush and toothpaste.
- Emergency toilet paper.
- Small pack tissues.
- Plastic bags for putting dirty clothes in.

#### EATING (MESS KIT)

- Draw string (library type) bag
- Knife, fork, spoon.
- Plate, bowl, mug preferably. plastic or enamelled.
- Tea towel.

#### OTHER

- Personal first aid kit.
- Sunscreen (SPF 50+).
- Insect Repellent
- Torch.
- Note Paper & Pencil.

For extra days add t-shirt, underwear and socks.

If it involves water activities, add a warm woolen jumper, normal sized towel, extra plastic bag for putting wet clothes in.

If a day hike is part of the camp, also please bring a "day pack" (small backpack) and at least 1.5 litre water bottle with sealable lid.

### **OPTIONAL GEAR**

- Camera.
- Sunglasses.

Please be aware that despite everyone's best effort and intentions, things go missing. So please don't send expensive or treasured items.